

PsychPal Clinic Pilot — how it works

Six weeks of PsychPal Premium for you and up to five appropriate clients. No cost, no credit card, no contract, no obligation to continue.

What you're offering your clients

PsychPal is a private AI-powered mental wellness companion designed to complement professional therapy — not replace it. Clients use it between appointments to reflect, journal (by voice or text), notice mood patterns, practise evidence-informed coping skills, and organize their thoughts for their next session with you.

Your pilot at a glance

- **1 clinician Premium account** — so you actually experience what your clients see.
- **Up to 5 client Premium accounts** — you choose which of your clients are appropriate.
- **6 weeks free** — access begins the moment each person redeems the code.
- **No credit card**, no auto-renewal, no contract.
- At the end of the 6 weeks, access simply reverts to the free tier. There is no obligation to continue.

How to distribute the pilot (3 steps)

- 1 You'll receive an email from PsychPal with your unique **clinic pilot code** (for example, **ZORMIN6**) and a shareable link like <https://api.psychpal.ca/redeem/YOURCODE>.
- 2 Send the shareable link — or just the code — to yourself and to up to 5 appropriate clients. You can share it in-session, by text, by email, or by print. Whatever fits your workflow.
- 3 Each person clicks the link, enters their email address, and their 6-week Premium activates as soon as they finish signing up for their PsychPal account. There is nothing else you need to do.

Privacy — the short version

Clients control their own information. PsychPal does not give therapists a dashboard or any way to silently view client journals, conversations, or mood entries. If a client wants to share a summary with you, they generate one inside the app and email it to you themselves. You will only ever see what they explicitly choose to send.

Data is hosted in Canada (Montreal, encrypted at rest and in transit). Conversations are processed by Anthropic's Claude model under a data-processing agreement that specifies conversations are not used to train Anthropic's general models. Full details are at psychpal.ca/privacy.

What PsychPal is NOT

- Not a replacement for therapy.
- Not a diagnostic service.
- Not medical treatment.
- Not crisis care — the app includes 988 and Crisis Text Line resources, but active safety concerns should always route to appropriate emergency services.

How to introduce it to a client

You know your clients best. Some clinicians find this framing works well:

"I've been trying something between sessions with a few clients — a private AI journaling companion called PsychPal. It's not a replacement for our work, but some people find it helpful for capturing things in the moment or preparing for our next session. I have a free 6-week code if you'd like to try it."

End of the pilot

Near the end of the 6 weeks, we'll email you a short optional feedback form (three questions, entirely voluntary). If it was useful, we'll be in touch about how continuing use could work for your clients. If it wasn't the right fit — no problem. There

is no automatic charge and no ongoing obligation.

Questions or issues?

Just reply to the email that included your pilot code, or write to support@psychpal.ca. A human at PsychPal will answer.

PsychPal is made in Canada. psychpal.ca · support@psychpal.ca

PsychPal is a wellness tool. It does not replace professional therapy, diagnosis, or crisis care.